

A decorative border made of watercolor brushstrokes in shades of green, orange, and blue, framing the central text.

# HIGHBRIDGE FAMILY WELLNESS DAY 2025

P.S. 11X: The Highbridge School

# FWD 2025 Family



**A huge thank you to all those that made this extraordinary event possible. Thank you to the Family Wellness Day Committee that met weekly from February- April planning this year's event. Thank you to the dedicated PS 11x Family who assisted with logistics, secured donations, and managed a large scale event of over 250 people!**

**Much love to our District 9 Team for always supporting P.S.11x. Thanks Deb and Yadira!**

**And to all those who continue to support Highbridge- Saturday's event felt like a family reunion!**

**COMMUNITY**



# Community Partnerships- Mosaic and ACDP

From planning, funding, decorating, set up and clean up, our ACDP and Mosaic took the lead! Thank you to Mosaic for providing the FWD shirts, face painting, popcorn, cotton candy and bouncy house! They also choreographed performances including step, cheer and singing Lift Every Voice and Sing.

ACDP supported logistics by co-facilitating weekly meetings with Principal Joy-Rodrigo. In addition, they provided experiences including the massage and acupuncture, as well as teaching artists for painting sessions.

Astor Services provided 150 boxed lunches for the community.

## Better Together



# Community Love



Community love continued as Ms. Jil set up food pantry and with a large scale donation from the Hispanic Federation, we were able to serve P.S. 11x families as well as the entire Highbridge community.

Jil also set up Somos Healthcare for families to get physical and mental health screenings.

No one gets left behind, including our senior citizens. Thank you to the McCarvill Family for donating sandwiches as our community waited online for food pantry as well as FWD attendees!

Also thank you to Ms. Jeremiah and Ms. H. Williams who stayed on Friday to help us set up for the event!



# Auditorium Presentation

We began with amazing performances that made us clap and dance, feel love and joy watching our scholars, and inspired by the words of “Lift Every Voice and Sing.”

**LAUGHTER**

**JOY**

**LOVE**

**INSPIRE**





# Sharing Your Brilliance

Thank you Ms. Gonzaga who choreographed two dances- contemporary and hip hop. In addition, LEAP teaching artists had our K/1 students performing poems and our Grade 5 Entrepeneuers pitched a wellness idea!

Kudos to Ms. Nguyen for serving as our stage manager and Mr. Newman who provided stage support! Thank you to Ms. Vera for supporting K on stage for the first time. Thank to Ms. Colon supporting our 5<sup>th</sup> grader presenters!



# Packed Parent Workshops



Our parents participated in workshops. One left a workshop and said, “I never knew I needed this workshop!” It was life changing for families!

Thanks Mr. Newman for workshop tech support!



Shout out to Ms. Delrosario for reaching out to our families who have children with autism. This beautiful workshop lasted for over 1.5 hours and was filled with families!



The Toolbox workshop was a huge hit and also our testing anxiety workshop with Ms. Sirleaf! It was wonderful to see our families engaged in learning!

# A family Reunion

Thanks to our welcoming registration team, Ms. Powell, Ms. Ferrell, Ms. Rodriguez and ACDP families felt comfortable upon entering the auditorium. Ms. Nguyen had uplifting music playing and the joy was everywhere!

Easy Living Shelter raffled off three laptops. Thanks to various donations families also won family pack tickets to the Botanical Gardens, self care baskets, Metrocards and many more prizes!

Thanks to Ms. Powell for monitoring the halls during workshops with various staff members. Here she is with a blast from the past- her former 3<sup>rd</sup> grade student! (Who is also Ms. Colon's former 5<sup>th</sup> grade student!)

It was definitely a wonderful reunion here in Highbridge!





# Family Art and Community Yoga for Peace in The Bronx

Community joy in the arts and in yoga.

Thank you to Ms. Ferrell, Ms. Urteaga, Ms. Sterling, Ms. Graff, and Ms. Roman for monitoring these spaces.



After yoga, a bouncy house was brought in courtesy of Mosaic! The children had a blast!



# Community Resource Fair & Lunch

Thank you for ALL our staff who supported! Ms. Rodriguez for calling out raffles, Ms. Vera, Ms. Delrosario, Ms. Graff, Ms. Roman, Ms. Sterling who supported lunch and/or clean up!

Shout out to our staff for also stopping by- Ms. I. Rodriguez, Ms. Maldo, Ms. Young and Mr. Camejo! Thanks to Ms. Beauty and Family, Ms. Lombino and her dad, and Ms. Valerio!

**Thanks Ms. Colon for supporting student council!**

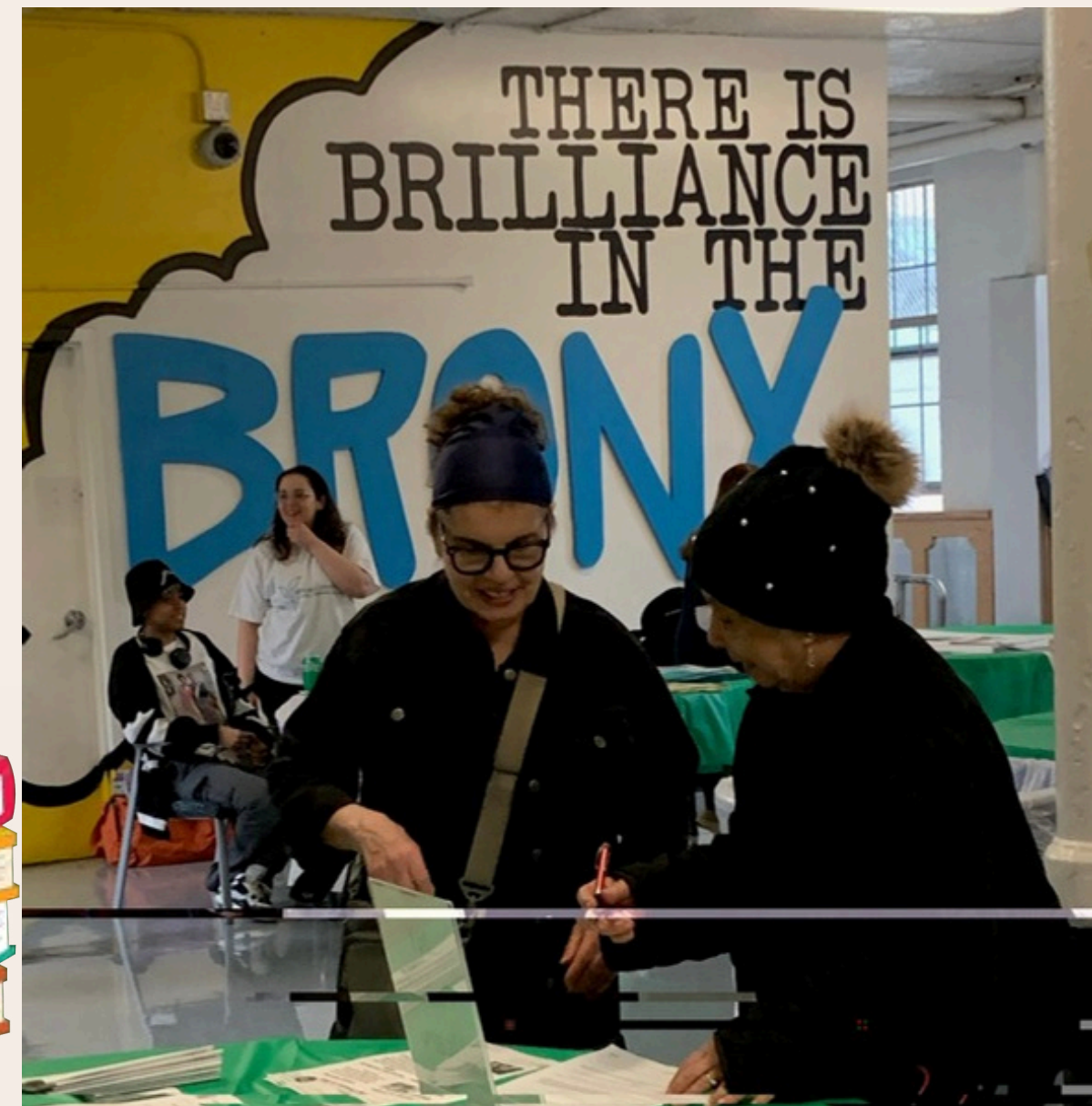


# Over 40 Library Cards

Thank you to Ms. Gulisano and the New York Public Library for tabling and distributing 40 library cards to the community on Saturday!



**TODAY A  
READER**  
**TOMORROW A  
LEADER**



*Keep  
Reading*



